



Energy efficiency

with Paul Myors

Staying warm, saving money

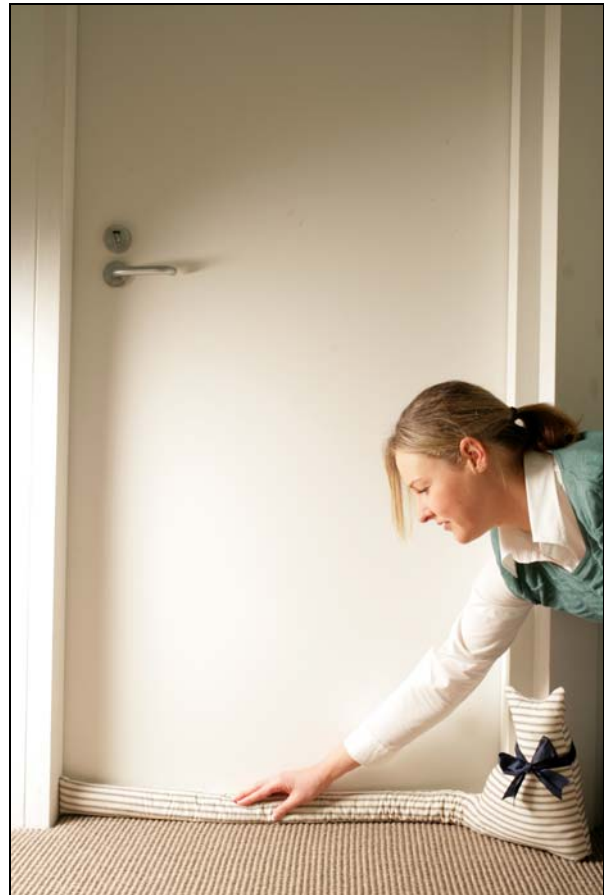
As the temperature drops, electricity and gas bills can easily rise but that doesn't have to be the case if you take some simple and inexpensive steps to insulate your home.

A well insulated home can be up to seven degrees warmer in winter and ten degrees cooler in summer.

Ceiling insulation in the form of batts is the best known and probably the most effective way to ensure a home is adequately protected from the elements all year round. Ceiling insulation is probably cheaper than you think and can shave up to 40 percent off home heating costs, equivalent to up to \$200 per year.

There are also many other simple and effective ways to make your home cosy this winter.

The most important thing to do to keep heating costs down is to minimise draughts in the home. Draughts and unwanted air leakage can increase home heating costs by up to 25 percent.



Minimise heat loss in winter by repairing faulty door seals, hanging heavy curtains that fit close to window frames and laying rugs on bare floors.

You can also check fireplaces, air vents and skirting boards for gaps. Seal any gaps found using one of a range of draught-proofing products.

■ **PAUL MYORS** is an energy efficiency expert from EnergyAustralia.

For more details go to
www.energy.com.au
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