



Energy efficiency

with Paul Myors

Energy mythbusting

Myth 1 - Switching lights off and on uses more energy than leaving them running.

This old myth is false. To save on bills, simply switch off lights in unoccupied rooms.

Myth 2 - Appliances don't use power when they're switched off.

Some appliances use electricity even when their main power switch is off so switch appliances off at the *power point* where possible.

Myth 3 - Heating and cooling are the biggest energy users in the average home.

False. In NSW, hot water is the biggest energy user.

Myth 4 - Oil column heaters are more efficient than other heaters.

Oil column heaters are expensive to run for the amount of heat they deliver. Gas heaters or reverse cycle air-conditioners provide more heat at lower cost.



Myth 5 - Reducing greenhouse emissions is expensive.

Many energy efficiency measures are inexpensive. For example a compact fluorescent light bulb might cost \$5 more to buy, but will save you about \$10 in bills per year for around five years - a \$45 net saving. It will also reduce greenhouse emissions by half a tonne.

■ PAUL MYORS is an energy efficiency expert from EnergyAustralia.

For more details go to
www.energy.com.au
or call 13 15 35

